



Lady Veterans Connect, Inc.

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PROGRAM PHASES

Orientation Phase

- Introduction to the home, staff, and program
- Obtains identification: Birth Certificate, Driver's License, and DD214 (must have DD214 with honorable discharge before being admitted to program)
- Registers at Veterans Administration hospital for healthcare (physical and mental)
- Begins orientation expectations
- Meets regularly with a Team Leader assigned to work with her
- Chores and responsibilities are assigned including keeping room clean, keeping common area clean based on assignment of responsibilities, assumes responsibility for preparing her meals, and cleanup afterwards

Phase One

- Establishes goals and maintains commitment to all orientation phase responsibilities
- Continues treatment at the VA hospital for trauma therapy with counselor
- Begins a health and nutritional analysis and begins an exercise routine
- Completes a six-week financial literacy training program to manage finances
- Begins employment training classes
- Creates a resume

Phase Two

- Continues to meet and set goals and maintain commitment to all Orientation and Phase One responsibilities
- Obtains employment – at least 20 hours per week
- Establishes a budget and begins to work her financial plan to reduce any debt, begins paying program fees, and save for reliable transportation and safe housing for the future
- Establishes checking and savings accounts
- Continues trauma therapy with counselor at the VA
- Manages schedule and transportation needs
- Complete six hours of community service per month
- Becomes a big sister to a woman veteran in Phase One

Phase Three

- Continues to meet and set goals and maintain commitment to all Orientation, Phase One, and Phase Two responsibilities
- Establishes an after-program strategy to establish healthy boundaries
- Completes a transition plan including a timeline, housing, transportation, and support
- Completes 15 hours of community service

Phase Four

- Transitions into new home
- Commits to follow up with Team Leader on a weekly basis for 120 days